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Section 1: 4 (FORM 4)

FORM	4
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	⁄AL
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hours per response	0.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

washington, D.C. 20349

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

(Print or Type Response	es)										
1. Name and Address of PROOST ROBER		2. Issuer Name a l BANK OF THE					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
17901 CHENAL PARKWAY, P.O. BOX 8811			3. Date of Earliest Tr 04/20/2011	ansaction (N	/Ionth	/Day/Year	.)		ther (specify belo	w)	
	(Street)	4	4. If Amendment, Da	te Original	Filed	(Month/Day/	Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person			
LITTLE ROCK,Â	ARÂ 72231-8811								Form filed by More than One Reporting Person	1	
(City)	(State)	(Zip)		Table I - N	lon-D	erivative	Securitio	es Acq	uired, Disposed of, or Beneficially Own	ied	
1.Title of Security		2. Transaction	2A. Deemed	3. Transact	ion	4. Securi	ties Acqu	iired	5. Amount of Securities Beneficially	6.	7. Nature
(Instr. 3)		Date	Execution Date, if	Code		(A) or D	isposed o	f (D)	Owned Following Reported	Ownership	of Indirec
		(Month/Day/Year)	any	(Instr. 8)		(Instr. 3,	4 and 5)		Transaction(s)	Form:	Beneficial
			(Month/Day/Year)						(Instr. 3 and 4)	Direct (D)	Ownershi
										or Indirect	(Instr. 4)
							(A) or			(I)	
				Code	V	Amount	(D)	Price		(Instr 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	-	3A. Deemed	4.		5. Num	ber	6. Date Exercis		7. Title and				10.	11. Nature
Derivative	Conversion		Execution Date, if				-		of Underlying			Derivative	Ownership		
Security		(Month/Day/Year)		Code		Derivat		(Month/Day/Y	ear)	Securities			Securities		Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	8)	Securiti				(Instr. 3 and	4)	(Instr. 5)	Beneficially	Derivative	
	Derivative					Acquire	ed						Owned	Security:	(Instr. 4)
	Security					(A) or							Following	Direct (D)	
						Dispose	ed						Reported	or Indirect	
						of (D)							Transaction(s)	· /	
						(Instr. 3	, 4,						(Instr. 4)	(Instr. 4)	
						and 5)									
											Amount				
								D /	E : .:		or				
								Date	Expiration	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				
Non-															
Employee															
Director															
Stock	\$44.83	04/20/2011	Â	M	Â	1 000	â	04/20/2011	04/20/2021	Common	1,000	\$44.83	1,000	D	Â
	Φ-1.03	04/20/2011	Λ	101	л	1,000	л	04/20/2011	04/20/2021	Stock	1,000	φ-1.03	1,000	D	А
Option															
(Right to															
Buy)															

Reporting Owners

Donardo - Oceano Norre / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
PROOST ROBERT L 17901 CHENAL PARKWAY P.O. BOX 8811 LITTLE ROCK, AR 72231-8811	ÂΧ	Â	Â	Â				

Signatures

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. (Back To Top)