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### **Section 1: 4 (FORM 4 SUBMISSION)**

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	)										
1. Name and Address of PROOST ROBERT	2. Issuer Name BANK OF THE					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
17901 CHENAL PA	3. Date of Earliest 7 06/30/2016	Transaction	n (Mon	th/Day/Y	ear)		ther (specify belo	ow)			
LITTLE ROCK, A	(Street) ARÂ 72231-881	1	4. If Amendment, I	Oate Origin	nal File	d (Month/E	ay/Year)		6. Individual or Joint/Group Filing (Che X_ Form filed by One Reporting Person Form filed by More than One Reporting Perso		ine)
(City)	(State)	(Zip)		Table I	- Non-	Derivati	ve Secui	rities Acqui	ired, Disposed of, or Beneficially Own	ned	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)		cution Date, if Code or Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	7. Nature of Indirect Beneficial Ownership	
				Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock		06/30/2016	Â	M	Â	4,000	A	\$29.048	4,000	D	Â
Common Stock		06/30/2016	Â	G	V	4,000	D	\$ 0	0	D	Â
Common Stock		06/30/2016	Â	G	V	4,000	A	\$ 0	19,544	I	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Number		6. Date Exercisable and		7. Title and Amount		8. Price of	9. Number of	10.	11. Nature	
	Derivative	Conversion	Date	Execution Date, if	Transac	ction	tion of		Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect
	Security	or Exercise	(Month/Day/Year)	any	Code				(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial
	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	3)	Securities				(Instr. 3 and 4)		(Instr. 5)	Beneficially	Derivative	Ownership
		Derivative					Acq	uired	ired					Owned	Security:	(Instr. 4)
		Security					(A)	or			ļ.			Following	Direct (D)	
							Disposed							Reported	or Indirect	
							of (D)							Transaction(s)	(I)	
							(Instr. 3, 4,							(Instr. 4)	(Instr. 4)	
							and 5)									
												Amount				
									<b>.</b>	m		or				
										Expiration	Title	Number				
									Exercisable	Date		of				
					Code	V	(A)	(D)				Shares				
ł	Common			_		_					Common					_
	Stock	\$29.048	06/30/2016	Â	M	Â	Â	4,000	05/20/2014	05/20/2024	Stock	4,000	\$ 0	0	D	Â
	Stock										Stock					

## **Reporting Owners**

Donatina Omna Nama / Addina	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PROOST ROBERT L 17901 CHENAL PARKWAY P.O. BOX 8811 LITTLE ROCK, AR 72231-8811	ÂX	Â	Â	Â			

### **Signatures**

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### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. (Back To Top)